

# Personal Visioning Worksheet

Area of Life	What Riches Do You Desire in this Area?
Personal Relationships	<hr/> <hr/>
Family Life	<hr/> <hr/>
Career Finances	<hr/> <hr/>
Health & Wellness	<hr/> <hr/>
Emotional Well Being	<hr/> <hr/>
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## Instructions

Use this personal visioning worksheet to consider what riches you wish to bring into your life. Your riches are whatever will make you feel rich, abundant and full; feel like you have more than enough all the time. Above are a few areas for you to consider. Next to each one that resonates, write what would make you feel rich, abundant and full in this area. Use the blank spots to add additional categories specific to your life.

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Take one of the riches you wish to call into your life and let's expand upon it further.

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Now, consider what aligned actions or tangible steps can you take to bring these riches into your life?

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## Instructions

In this section, write down the riches in one particular area that you wish to call into your life. Expand upon what you wrote on the prior page. Think big. Be expansive. Go beyond what initially comes up for you. Do so without inhibition and without judgment.

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## Let's dig deeper.

Use the space below to consider who you are when your riches are your reality. Specifically, think about:

- What are your beliefs?
- What are your feelings?
- What are your actions?
- How do you look?

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### Instructions

For the riches you want to call into your life, consider how you can embody the qualities of someone who already has these riches, who you will be in this life when these riches are your reality, and visualize yourself as the person who is living luxuriously in their abundance filled with all the riches you wrote on the prior page.

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